

**GARNSYCHAN PARTNERSHIP**



**Garnsychan Partnership**  
**'putting your ideas into action'**



## **GENTLE EXERCISE CLASS**

**WHERE?** The Veg Box Distribution Centre,

The Avenue, Garndiffaith, NP4 7QN

**WHO'S IT FOR?** Anyone and Everyone!

**WHEN?** Every Thursday starting 24th June 2-3pm

**COST?** Just £1.00!!!

**TO FIND OUT MORE CALL MATT: 01495 774453**