

New! Special Fitness Suite Offer

Commit to get fit and join your
local Fitness Suite now!
Join between 16th & 31st October and
get **DECEMBER FREE,**
a **FREE INDUCTION &**
NO Direct Debit payments
until January 2011
when taking out a Six Month
Fixed Term Membership!

Membership includes access to group exercise
classes and free pool use during public times at
Cwmbran Stadium and Pontypool Active
Living Centre

Contact our Fitness Suites on
01633 627109 / 01495 742230
for more information



TORFAEN
COUNTY
BOROUGH



BWRDEISTREF
SIROL
TORFAEN